Our Mission
Leading the fight to treat and cure ALS through global research and nationwide advocacy while also empowering people with Lou Gehrig’s Disease and their families to live fuller lives by providing them with compassionate care and support.

“I am strengthened by the fortitude, humor, love and courage that all the families I know living with ALS display. It nourishes my soul and gives me a mission to dedicate myself to.”

Lance Christian,
Interim Executive Director
Thank you for being a part of our community of support. The Chapter’s work is an around the clock job, as ALS never takes a day off. Your continued support is vital as we continue to meet the daily needs of the ever-so-challenging affects of ALS.

In fiscal year 2010, you and other donors gave The ALS Association, Oregon and SW Washington Chapter your time, your energy, your financial support, and most importantly, your commitment to see us through the difficult economy. Because of your generosity, research advanced, our services were sustained and local ALS families were served. This annual report shows what the chapter achieved because of you.

With sincere thanks,

Al Lee, Board President

Many Thanks to Our 2009 Year Round Partner:

2009-10 Board of Directors

President: Al Lee, Perfect Breathing
Vice President: Trina Bandelow, Northwest Medical
Treasurer: Marcia Bagnall, Bryce Vineyard
Secretary: Alexis Halmy, Windermere Cronin & Caplan Realty Group Inc.
Matthew Bassist, Ashforth Pacific Inc.
Dr. Kim Goslin, Medical Director, Providence ALS Center
Douglas Greenberg, Morgan Stanley
Joseph Gross, JGP Wealth Management Group of Wells Fargo Advisors
April Hughes Sanders, Wells Fargo
Dr. Lou Libby, The Oregon Clinic
Tanya Richter, Sacred Heart Medical Center, Eugene, Oregon
Steve Sall, Community Volunteer, Person living with ALS

2009-10 Staff Leadership

Lance Christian, Interim Executive Director, Services Director
Aubrey Mercer, Development Director
Who We Are and What We Do

Since 2002, The ALS Association, Oregon and SW Washington Chapter has been a lifeline for local people with ALS and their families. These families turn to us for information, support groups, special equipment, respite care and guidance for coping with the day to day challenges. We gather, maintain and distribute the tools, equipment, and resources that people living with ALS need to take control of their lives. Here for them every step of the journey, we help make an overwhelming disease less overwhelming.

We are a Chapter of the national organization that is the only not-for-profit health organization dedicated solely to the fight against ALS. Our chapter serves the whole State of Oregon and the 6 counties in SW Washington. Our local chapter has a staff of 7, with 4 Services Specialists spread throughout Portland, the Southern Willamette Valley, Central Oregon and Southern Oregon, with the rest of our chapter staff headquartered in Portland.

Some of the Top-Notch Services we provide and support:

- Partnership with Providence ALS Center
  (The ALS Association, Providence Brain Institute, & The Oregon Clinic)
- 8 Monthly Support Group Meetings across the region
- Equipment Medical Loan Closets
  (Portland, Bend, & Grants Pass)
- Assistive Technology Loan Closet
- Respite Care Grant Program
- Information and Referrals
- Advocacy and Awareness
- Augmentative & Alternative Communication Program

Our local chapter also works with the national network of ALSA chapters to raise awareness, provide advocacy and help fund the most ambitious ALS research program in the world, with more than 100 investigations in the works at any given time.

Helping families live with ALS in Oregon and SW Washington in 2009-10:

- Served 295 families from Longview, Washington to Burns, Oregon from Brookings, Oregon to Milton- Freewater, Oregon. And a few people in Northern California and Southern Idaho.
- Served 155 families in Partnership with the Providence ALS Center in Portland, Oregon.
- Offered Medical Equipment loan programs in Portland, Bend and Grants Pass.
- Served 53 families with Respite Care Grants to relieve family caregivers.
- Supported 180 families in being able to communicate by offering professional support and a loan program of alternative and augmentative communication equipment.
- Provided care management support to 225 families to help navigate insurance issues, planning for the future, and to access community services.
- Supported families by offering 108 ALS support group meetings across the state.
- Offered continuing medical education programs for healthcare professionals in Bend, Medford, Portland, & Salem.
  - Served 325 doctors, nurses and rehab therapists through these programs.
- Partnered with St. Charles Medical Center in Bend to start an ALS clinic in Central Oregon.
- Held a Statewide Advocacy Day at the state capitol to raise awareness of ALS.
- Sponsored people with ALS to attend the National ALS Advocacy day in Washington DC to lobby for ALS research.
- Continued partnership with the Paralyzed Veterans of America to serve our veterans with ALS.
Creating Community was celebrated at this year’s Dinner and Auction Gala – April 4, 2009

With Hope, Passion, and Commitment, anything is possible... from ALS Care to an ALS Cure!

Our Annual Gala which was held on April 4, 2009 at the Oregon Convention Center was a great success as it honored the past 10 years and paid tribute to the departing Founder, Cindy Burdell! During the appeal portion of the event, there was a special moment where the story of “17A” was retold. In return, a paddle raise throughout the room was inspired in honor of Cindy's dedication to her brother and to the ALS community in Oregon and SW Washington.

With a silent auction of over 100 packages, a live auction with 10 exciting items, and various other giving opportunities, this year's event was another success for our local chapter! Roughly 500 participants and volunteers created an evening of inspiration and tribute in order for our chapter to raise over $245,000 for local services and programs. The evening's program had an enjoyable special appeal by one of our beloved PALS, Steve Sall, Aloha, Oregon and a special tribute to Cindy Burdell was given by Dr. Lou Libby of The Oregon Clinic and Lance Christian.

Strike Out ALS Nights with Local Ballparks – June 2009

Hot summer afternoons, hot dogs, peanuts and popcorn. Pair these with the Strike Out ALS nights held at ballparks throughout Oregon this past summer, and you'd get one thing – FUN. The ALS Association, Oregon & SW Washington Chapter teamed up with the Eugene Emeralds, Bend Elks, Salem-Keizer Volcanoes, and the Portland Beavers for four fun-filled nights raising awareness and funds for the local chapter.

Our local chapter received much recognition during the games – in Eugene, ALSA Board Member Tanya Richter threw the first pitch. In Portland, the first pitch was thrown by PALS Johnny Meyer and his son. The stands were packed with supporters, friends, and families.

Walk to Defeat ALS™ September 2009

3,500+ people throughout Oregon and SW Washington gathered together with one goal in mind: Walking to Defeat ALS. This was a record breaking year, bringing in more than 220 teams and just over $350,000!

Top Five Teams!
Steve’s Wobbly Knees - $20,075 (Portland)  Jeff Bader - $7,841 (Portland)
Sassy’s Soldiers - $15,380 (Portland)  John Koelling - $6,695 (Eugene)
Karen’s Mitzvah Makers - $15,010 (Portland)  Joe Speight - $6,290 (Salem)
Find a Cure for Eric - $13,080 (Vancouver)  2009 Hall of Fame:
Laurie's Lions - $10,055 (Salem)  Rookie Team of The Year: Sassy's Soldiers
Top Five Individuals!
Steve Sall, Steve’s Wobbly Knees - $10,887 (Portland)  Best Team Swag: Lisa Olsson: Lisa’s Cure Posse’
Michelle Mahony - $8,923 (Portland)  Most Registered Walkers: Karen’s Mitzvah Makers
Biggest Corporate Team:
NW Medical – Walkin’ the Talk
### ASSETS

<table>
<thead>
<tr>
<th>Description</th>
<th>2010</th>
<th>2009</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cash and cash equivalents</td>
<td>$286,917</td>
<td>$193,887</td>
</tr>
<tr>
<td>Certificates of deposit</td>
<td>-</td>
<td>97,316</td>
</tr>
<tr>
<td>Contributions receivable</td>
<td>-</td>
<td>1,273</td>
</tr>
<tr>
<td>Prepaid expenses</td>
<td>7,346</td>
<td>11,227</td>
</tr>
<tr>
<td>Furniture and equipment, net of accumulated depreciation of $12,323 and $11,139, respectively</td>
<td>-</td>
<td>1,185</td>
</tr>
<tr>
<td><strong>Total assets</strong></td>
<td><strong>$294,263</strong></td>
<td><strong>$304,888</strong></td>
</tr>
</tbody>
</table>

### LIABILITIES AND NET ASSETS

<table>
<thead>
<tr>
<th>Description</th>
<th>2010</th>
<th>2009</th>
</tr>
</thead>
<tbody>
<tr>
<td>Accounts payable</td>
<td>$22,722</td>
<td>$40,707</td>
</tr>
<tr>
<td>Accrued payroll and related expenses</td>
<td>12,633</td>
<td>15,985</td>
</tr>
<tr>
<td>Deferred revenue</td>
<td>15,300</td>
<td>28,825</td>
</tr>
<tr>
<td><strong>Total liabilities</strong></td>
<td><strong>50,655</strong></td>
<td><strong>85,517</strong></td>
</tr>
</tbody>
</table>

**Net assets**

<table>
<thead>
<tr>
<th>Description</th>
<th>2010</th>
<th>2009</th>
</tr>
</thead>
<tbody>
<tr>
<td>Unrestricted</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Undesignated</td>
<td>243,608</td>
<td>218,186</td>
</tr>
<tr>
<td>Net property and equipment</td>
<td>-</td>
<td>1,185</td>
</tr>
<tr>
<td><strong>Total net assets</strong></td>
<td><strong>243,608</strong></td>
<td><strong>219,371</strong></td>
</tr>
</tbody>
</table>

**Total liabilities and net assets**

<table>
<thead>
<tr>
<th>Description</th>
<th>2010</th>
<th>2009</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td><strong>$294,263</strong></td>
<td><strong>$304,888</strong></td>
</tr>
</tbody>
</table>
The ALS Association, Oregon and SW Washington Chapter
Statement of Activities
Year Ended January 31, 2010
(With comparative Totals as of January 31, 2009)

Revenues and other support

<table>
<thead>
<tr>
<th>Description</th>
<th>2010</th>
<th>2009</th>
</tr>
</thead>
<tbody>
<tr>
<td>Contributions</td>
<td>$549,301</td>
<td>$462,077</td>
</tr>
<tr>
<td>Foundations and grants revenues</td>
<td>18,750</td>
<td>-</td>
</tr>
<tr>
<td>Special event revenue, less direct benefit</td>
<td>191,287</td>
<td>195,936</td>
</tr>
<tr>
<td>costs of $80,537 and $124,379, respectively</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Interest income</td>
<td>1,539</td>
<td>12,172</td>
</tr>
<tr>
<td>Other income</td>
<td>2,383</td>
<td>2,018</td>
</tr>
<tr>
<td>Total revenues and other support</td>
<td>763,260</td>
<td>672,203</td>
</tr>
</tbody>
</table>

Expenses

<table>
<thead>
<tr>
<th>Description</th>
<th>2010</th>
<th>2009</th>
</tr>
</thead>
<tbody>
<tr>
<td>Program services</td>
<td>533,958</td>
<td>617,976</td>
</tr>
<tr>
<td>Management and general</td>
<td>104,682</td>
<td>122,411</td>
</tr>
<tr>
<td>Fundraising</td>
<td>100,383</td>
<td>144,445</td>
</tr>
<tr>
<td>Total expenses</td>
<td>739,023</td>
<td>884,832</td>
</tr>
</tbody>
</table>

Change in net assets

<table>
<thead>
<tr>
<th>Description</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Change in net assets</td>
<td>24,237</td>
</tr>
</tbody>
</table>

Net assets, beginning of year

<table>
<thead>
<tr>
<th>Description</th>
<th>2010</th>
<th>2009</th>
</tr>
</thead>
<tbody>
<tr>
<td>Net assets, beginning of year</td>
<td>219,371</td>
<td>432,000</td>
</tr>
</tbody>
</table>

Net assets, end of year

<table>
<thead>
<tr>
<th>Description</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Net assets, end of year</td>
<td>$243,608</td>
</tr>
</tbody>
</table>
Our Hope: $25,000 - $99,999
   The Kenneth and Jane S. Libby Foundation

Our Courage: $15,000 - $24,999
   Milli Davis

Our Strength: $10,000 - $14,999
   Jay and Terri Allison  Jeff and Trina Bandelow  Jerome Nudelman  Northwest Medical

Our Determination: $5,000 - $9,999
   CARE Medical, Inc.  OCF Joseph E. Weston Public Foundation  Portland General Electric

Our Resilience: $1,000 - $4,999
Our Encouragement: $500 - $999

Arlene Anderson
Karl and Deb Anderson
Sandra Bagnall
Sarah Batty
John Beaston
Mike and Erin Bernatz
Bloomsbury Books
The Bomber Restaurant, Inc.
Joe and Diane Bonica
Denny and Mari Boone
Patrice Boise
David Bosworth
Braka Industries, Inc.
Ann Brewer
Steve Burge
Sheila Burns
Martha Butler
Mary Butler
Dennis Carr
Bud and Siobhan Caverly
Robert and Jennifer Chadwick
Beverly Chase
Annemarie Cirkel
The City Beer Store
Charles Clark
Congregation Beth Israel
Creamer and Associates
Sally Croft
Dave Bearson Construction
Enterprises, Inc.
Denham Capital Management
Bill Dickey
John Dunn
Rennie Dunn
Evraz, Inc.
Excell Oregon
Patrick and Kathy Fitzgerald
Judith Focht
Jean Fordis
Steve and Carla Forsyth
Wayne and Rebecca Graber
James Greene
Brian and Esther Griffin
Dr. Price Gripekoven
Mr. and Mrs. Ronald Gustafson
Joyce Hammond
Mark and Tori Hanna
Doug and Jeannie Hardey
Marlene Heise
Paul Hilding
Geoff Hill
Jason Horner
William and Anne Marie Hunnex
Peter and Kathy Hunt
Gordon and Colleen Imes
Stuart and Janet Jones
Donna Junghaene
John and Sherold Kaib
Michele Kirkpatrick
John and Elinor Koelling
Gregory Lang
Jim and Cynthia Leonard
William Levy
Evelyn Lloyd
Shawn and Katie Mayfield
Jack Melland
Maria Menor
Marne Mercer
Robert and Susan Messmer
Kristin Mihalko
Susan Moen
Donald and Michele Myers
The Neiforff Family Foundation
Nike Employee Matching Gifts
John and Cindy Nobriga
Northstar Neurology, LLC
Northwest Cardiovascular
Novartis Foundation
OnPoint Community Credit
Union
Oregado Ventures Inc. (AmRamp)
Oregon Lumber Company
Brian Otis
Pacific Real Estate Partners
PacTrust
Jim and Linda Patterson
Timothy and Stephani Perkins
Phi Delta Theta Fraternity – WU
Portland Fire Fighters Association
Precision Metal Products, LLC
Regence Employee Giving
Campaign
Frank and Bridgit Rego
Yvonne Reiling
Tim and Tanya Richter
Kevin and Lynette Rogers
Richard and Janice Romano
Holly Rothkopf
Joseph Ruhnke
Mark and Lori Salzer
Earlene Sanders
J. Frank Schmidt Family Charitable Foundation
Schneider Electric Foundation
Steve Schultz
Rita Schuyler
Stephen Schwartz
Dave and Carol Squire
Shan and Diana Stach
Brian and Barbara Standiford
Wanda Stephens
Dick and Jane* Stetson
Tom and Julie Tannehill
Alyce Thomson
Anna Mac Tichy
TransCanada
Triax Metal Products
Frank and Dianne Tunno
United Way of King County
Job Van den Born
Karen Ward
Washington County Sheriffs
Reserve
Eric and Ruth Werts
Jackie Wetzsteon
Lorie Wigle
Xenium Resources, Inc.

If your name has been listed inaccurately, please accept our apologies and contact our office at 800-681-9851.

Please note: For the purposes of this listing, only monetary donations have been listed. * denote those who are no longer with us.
We remember... the courage of those who lost their lives to ALS.
February 1, 2009 – January 31, 2010

Cheryl Barclay
Michael Barker
Anson Bell
Chuck Bergelin
Dane Boersma
Diane Boyd
James Braddock
Sharon Brutscher
Doug Buckmaster
Kathie Burdick
Toby Candilora
Vern Cobb
John Condit
Rose Marie Consiglio Bailey
Jim Culveyhouse
Molly Cutsforth
Leonard Davis
Sandra Emmons
Davis Ferebee
Cornelia Fogle
Barbara Folger
Angela Fowler
Lewis Gehring
Linda Geren
Virgil Graves
Jeanne Griffiths
John Grosness
Joan Hargett
Sherrie Harris
Randy Hauth
Dorothy Holley
Tom Holmes
Colin Homola
Carolyn Hudson
Jeannie Jensen
Frank Johnson
Roger Jones
Diane Kelly
Carol Koller
Tracey Lane
Farrest Loper
Nancy Louise
Mary Jo Luce
Karen Macpherson
Karen McAllister
Juanita McCreery
Patricia McGuire
Ann (Nancy Ann) Melland
Ronald Middlestadt
Miriam Midgely
Violet Miller
Paula Mollahan
Delores Monette
David Moore
Walter Nein
Robert Norton
Irene Olds
Lisa Olsson

Pat Opera
Mary Peterson
Glenn Phillips
Gretchen Powell
Lee Prince
Kevin Rauch
Gail Rible
Barbara Richardson
Gwen Rosentrater
Tom Ruedy
Robert Russell
Daniel Sanborn
Mary Sanchez
Wanda Senz
Clayton Sherry
Terry Shields
Bob Silva
Robert Spear
Donna Stanek
Jane Stetson
Dennis Stevens
Chrys Weiss
Irene Wells
Tena Wiebe
Chuck Wigger
Linda Williamson
Jerry Wilson
Diana Wolff
David Yager

The ALS Association, Oregon and SW Washington Chapter
Headquarters: 310 SW 4th Avenue, Suite 630, Portland, Oregon 97204
Central Oregon: P.O. Box # 1855, Bend, Oregon 97709
Southern Oregon: 2305 Ashland St., Ste. C, Box #458, Ashland, Oregon 97520
info@alsa-or.org www.alsa-or.org
800-681-9851 TOLL-FREE 503-296-5590 FAX